THE **20BELOWS**

The groundbreaking second album from THE 20BELOWS, that helped set new standards for the European pop punk scene, is finally available on vinyl. A limited batch of 175 copies with an alternative cover on yellow vinyl!

Hailing from a punk rock background that draws inspiration from bands such as The Ramones, Swingin' Utters and Alkaline Trio, **THE 20BELOWS** combine a large variety of tempi and catchy melodies with a welcoming textual universe that underlines the very reason for the existence of the band; relevant, charming and refreshing. **THE 20BELOWS** began in 2001 as a 3-piece and recorded a 16 track demo that instantly caught the attention of pop punk fans around the world, earning them spots on The European Pop Punk Virus (Stardumb Records) and The International Language of Love (Whoa Oh Records) as well as two 7" split releases.

The long awaited debut full length, "Headaches & Moodswings", was finally released February 7th 2007 on Whoa Oh Records, landing the band the main support slot on Canadian pop punk legends McRackins, 6 week European tour.

The album managed to get decent airplay on national radio which was supported with numerous shows around Denmark. The fall of 2007 once again saw a busy schedule for **THE 20BELOWS** touring Europe in November with American band Johnie 3. In 2008 the band crossed the Atlantic Ocean and joined Johnie 3 on a tour throughout USA, ending with a performance at the legendary Insubordination Fest in Baltimore. A direct invitation from multiplatinum selling act Volbeat to support them on their sold out tour in Denmark was welcomed in November 2008 and saw the band perform infront of thousands of people. The summer of 2009 brought **THE 20BELOWS** back to the USA, once again performing at The Insubordination Fest, and in July touring the Midwest.

THE 20BELOWS released their 2nd album, "For Better Days", July 1st 2010 on Dutch Label Monster Zero Records.

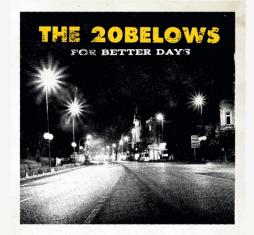
The band offers a matured and skilled package which is also strongly portrayed in the lyrical content on the new album; frustration, bitterness and forfeiture are heavy lyrical themes throughout this release and executed in a highly personal and relevant manner. Standing as probably the most explosive live band on the Danish scene with an undeniable flair for songwriting and an impeccable charm **THE 20BELOWS** will surely maintain their upward spiral.





WHAT HAPPENED TO THE REASON FOR SCREAMING RECORDS WWW.SCREAMINGRECORDS.DK - INFO@SCREAMINGRECORDS.DK

SCREAMING RECORDS presents:



THE 20BELOWS "For Better Days"

Format: 12" Full length

Catalogue no.:

REASON-008 (regular edition of 175 copies)

REASON-7X8

(limited edition of 25 copies - Double album Including "For Better Days" & their new album "Late Nights")

Release date:

Thursday the 26th of April 2012

Track list:

- Side A:
- 01: Saying Sorry
- 02: What A Nightmare
- 03: Through The City
- 04: 20/20
- 05: Oh Baby
- 06: Resign
- 07: The Inevitable Knockdown

Side B:

- 08: Like A Chokeslam
- 09: One Good Reason
- 10: The Only Excuse
- 11: For Better Days
- 12: Double Gin
- 13: Whenever You Go
- 14: Dear Misery (Bonus track)

THE 20BELOWS are:

Ulrich Christensen - Vocals & Guitar Kasper Keen - Guitar Peter Rasmussen - Drums Bjarke Knudsen - Bass

www.the20belows.dk www.facebook.com/the20belows www.twitter.com/the20belows